



## Gibbs Elementary School Physical Education 2022-2023

Dear Parents:

Welcome to Physical Education! We are looking forward to starting the school year and are eager to begin some new units of study. We will again be using the SPARK (Sports, Play, and Active Recreation for Kids) Program as our curriculum. You may access information about this curriculum on their web site, which is [www.sparkpe.org](http://www.sparkpe.org). This program is designed to encourage maximum participation during class time. Active participation and practice in a positive, non-threatening atmosphere are the best means of improving children's physical skills, fitness, social development and enjoyment. This ties in perfectly with the National Standards for Physical Education, which are listed below:

A physically literate individual:

1. Demonstrates competency in a variety of motor skills and movement patterns.
2. Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
3. Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
4. Exhibits responsible personal and social behavior that respects self and others.
5. Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

What do these standards mean?

1. I have the skills to move and play.
2. I show that I know how to move and use a plan when I play games.
3. I show that I know how to get fit and stay fit.
4. I act fairly and respectfully when I play.
5. I know why it is important to be physically active.

In order to achieve success in physical education, there are standards of behavior that must be met. We have included some information concerning class rules and consequences for misbehavior and grading procedures.

### **Class Rules**

- ✓ Act appropriately at all times. (Follow directions!)
- ✓ Be prepared for class. (**TENNIS SHOES are the only acceptable shoes!**)
- ✓ Cooperate.
- ✓ Do not misuse equipment.

## **Consequences of Misbehavior**

Failure to follow class rules will result in a reduction of conduct points. Students may be placed in a “Time Out” area during class if necessary. Also, we may send a note home if the behavior negatively impacts the class. As a last resort, students may be referred to the office for extreme misbehavior in physical education class.

**\*\*\*Please be aware that failure to wear tennis shoes will cause a loss of points on the conduct grade.**

## **Grading**

The Knox County guidelines for grading in physical education are as follows:

Students in grades 1-2 will receive performance grades of E (Excellent), S (Satisfactory) or N (Needs improvement) but will have conduct grades of A (Exceptional), B (Above Average), C (Average), D (Below Average), and U (Unsatisfactory). Students in grades 3-5 will be assessed A, B, C, D, U for both performance and conduct.

Kindergarten grades for performance are the same as in the kindergarten classrooms (ME=Meets Expectations, DE=Developing Understanding of Expectations, and LE=Limited Understanding of Expectations.)

## **Excuse Notes**

If your child needs to be excused from physical activity for a week or less, please write a note to us explaining the nature of the injury/illness. Long-term excuses will require a note from a doctor.

Thanks for your continued support of the GES physical education program. Please feel free to contact us with any questions. (We prefer to be contacted through e-mail rather than by phone message.)

Sincerely,

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